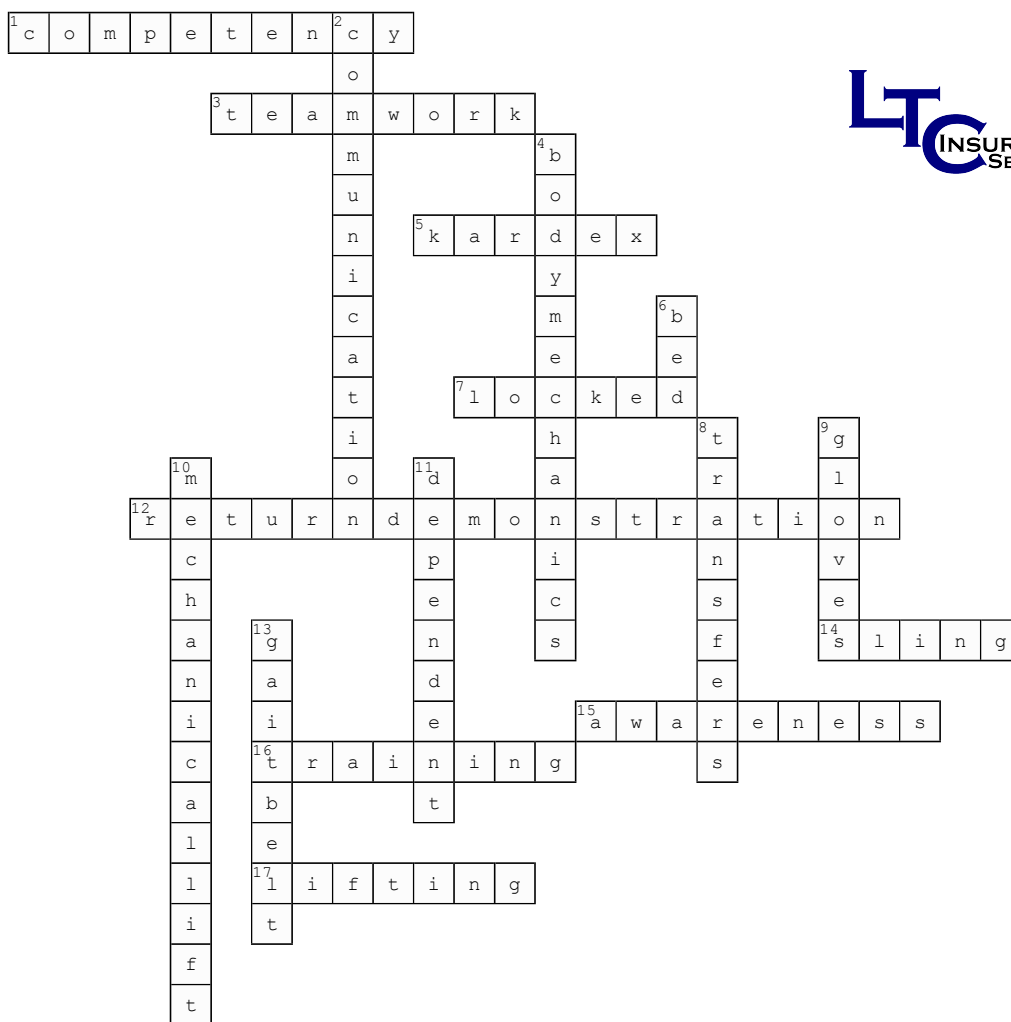


Name: \_\_\_\_\_

## Safe Resident Transfers

Complete the crossword below



- dependent   gaitbelt   locked   training   bed   kardex   transfers   competency   lifting
- awareness   gloves   returndemonstration   mechanicallift   sling   bodymechanics
- communication   teamwork

### Across

1. the ability to do transfers successfully and efficiently (**competency**)
3. cooperative or coordinated effort by caregivers to get tasks done (**teamwork**)
5. follow the instructions here for how to care for the resident (**kardex**)
7. the wheelchair needs to be this before transferring a resident (**locked**)
12. hands-on exercise utilized to achieve competency with lift equipment (**returndemonstration**)
14. the item used to carry the resident when using a mechanical lift (**sling**)
15. knowledge and understanding of what is around you (**awareness**)
16. what is given to you upon hire, each month and after an employee injury (**training**)
17. when you do this properly, you always keep your back straight and never bend at the waist (**lifting**)

### Down

2. interacting with the resident and/or other caregivers for a smooth transfer (**communication**)
4. the proper techniques for lifting, pushing, pulling reaching to avoid injuries (**bodymechanics**)
6. make sure this is at the right height before a transfer (**bed**)
8. employees often get injured when they perform this action to get a resident from bed to wheelchair (**transfers**)
9. all caregivers are required to wear these when working with residents (**gloves**)
10. a machine used to help prevent employee lifting injuries (**mechanicallift**)
11. residents classified as this require a mechanical lift & 2 caregivers for transfer (**dependent**)
13. required part of the nursing uniform to assist with pivots and ambulation (**gaitbelt**)